

Title	Medicinal and spice plants in nutrition and therapy		
Code	3ME13NBV22M		
Prerequisites			
Description	<p>The course is dealing with product groups containing special compounds accumulating in different, lower and higher order plant species in harmony with international directives and regulations. The students get an insight into the variable spectrum of products and secondary compounds, considerations of their well established use. Definitions and significance of efficacy, safety and quality are in the centrum of this study. Regulations and marketing of different products, like plant based medicines, traditional herbal medicines, medical devices, dietary supplements, novel food products, spices, aroma compounds, etc. are discussed and several examples are demonstrated.</p>		
Lecturer	dr. Szilvia Tavaszi- Sárosi, PhD, Dr. Krisztina Szabó PhD, dr. Zsuzsanna Pluhár, PhD, dr. Péter Radácsi, PhD, dr. Beáta Gosztola, PhD		
Semester	2nd, spring	Contact hours/week	2+1
Level	MSc	ECTS	3
Teaching and Learning Methods:	<p>Compulsory literature: The course material is provided for the students by the lecturers in electronic format.</p> <p>Redommeded literature: Mills, S., Bone, K. 2005. The Essential Guide to Herbal Safety. Elsevier, Churchill, Livingstone. ISBN: 0-443-07171-3 Yarnell, E., Abascal, K., Rountree, R. 2009. Clinical Botanical Medicine. 2. kiadás. Mary Ann Liebert Inc., New York. ISBN: 978-0-913113-46-2</p>		
Reading:			
Assessment:			